Do’s
• Dress conservatively. Temples especially require shoulders and knees to be covered.
• Tuck your feet under you when you sit— the soles of your feet are considered taboo.
• Avoid public displays of affection.
• Remove your shoes before going into someone’s home.

Don’ts
• Don’t touch other’s heads.
• Don’t raise your voice in public.
• Don’t point.
• Women should not touch or pass anything directly to monks.
• Don’t make a joke about the monarchy.
• Don’t polish off your plate— in some countries it is considered a sign that they didn’t feed you enough.

Fast Facts
Main religion: Buddhism
Climate: mainly tropical—hot and humid with decent rainfall
Safety: http://www.state.gov/p/eap/ci/index.htm

How do you say…?
Hello:
Thai- Sà wàtdii (kráp/ká)
Vietnamese- xin chao
Lao- sábaai-dii
Khmer- chum reap sour (formal) or sous-dey (informal)

Thank you:
Thai- kòp kun (kráp/ká)
Vietnamese- cam o’n ban
Lao- khàwp jai
Khmer- aw kohn

Cuisine recommendations
Fish Amok, Pad Thai, Pho, Laap, Nasi Lemak, Mohinga, Adobo