Welcome to the Class of 2021

All Together Now

It is okay if you don’t know anyone here yet. You will have plenty of time to make friends when you start your first semester!

One of the best things about UVA is the caring community, and each person has a role. Being a good community member can include checking in when a roommate seems down, talking with a friend about a problem, sticking with buddies when going out at night, and intervening in problematic situations. We care about you, too!

How will you contribute to our community?

Be in the Know

Many UVA students choose not to drink when they have fun. Drinking increases the risk of things like missing class, injury, or arrest. There can be additional legal consequences of drinking under the age of 21, the minimum drinking age in Virginia. Minimize risk by choosing not to drink, by limiting the amount of alcohol consumed, or by using other protective strategies.

Protective strategies help limit risk:
• Stay with the same people the whole time, and don’t leave anyone behind.
• Plan a safe way home.
• Eat foods high in protein (meat, cheese, beans) before and while drinking.
• Make your own drink or watch it being made. Avoid punches.

The relaxation effects of alcohol are reached after one to two drinks for most people. After that, further drinking increases risk of negative outcomes.

Looking Forward to the Fall

• Rotunda Sing on the Lawn on August 23.
• Enjoying the antics of hypnotist Tom Deluca on August 25 in the Amphitheater.
• First home football game on Saturday, September 2.
• Attending the Activities Fair to get involved in cool stuff.
• Hiking the trails at O-Hill.
• Taking the free trolley to the Downtown Mall.
• Reading the Stall Seat Journal.

Honor in UVA classrooms is a big deal, and it also extends beyond the walls of classrooms. Students have said honor includes doing the right thing without receiving recognition, taking care of friends, and respecting neighbors in the C-ville community. What does honor mean to you?

On Your Honor

Everyone gets help at one time or another, so no one is alone. Getting the right support at the right time helps students thrive.